

BC Cancer Cervix Screening Program Colposcopy Standards

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Colposcopy Standards Cervix Screening Program

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About BC Cancer

BC Cancer, an agency of the Provincial Health Services Authority, provides a comprehensive cancer control program for the people of BC in partnership with regional health authorities. This includes prevention, screening and early detection programs, research and education, and care and treatment.

BC Cancer's mandate is a three-fold mission:

- To reduce the incidence of cancer
- To reduce the mortality rate of people with cancer
- To improve the quality of life of people living with cancer

This mission drives everything we do, including providing screening, diagnosis and care, setting treatment standards, and conducting research into causes of, and cures for, cancer.

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1. Introduction

1.1 Purpose of Standards

The purpose of these standards is to outline the elements of quality assurance for colposcopy and to improve the quality and consistency of colposcopy in BC, thereby reducing the incidence, morbidity and mortality from cervical cancer.

This document does not provide detailed clinical management guidelines for colposcopy. Management Algorithms for Abnormal Cervical Cytology and Colposcopy are presented in a separate document.

1.2 Introduction

Cervical cancer is the second most common cancer in women worldwide. Cervix screening has decreased the incidence rates in jurisdictions where it has been successfully implemented. The primary goals of the Cervix Screening Program are to detect and remove cervical cancer precursors to prevent the development of cervical cancer and to detect asymptomatic cervical cancer at an early clinical stage to decrease morbidity and mortality. British Columbia implemented the first population based cervix screening program in the world in 1955 and cervical cancer incidence decreased by 70% from 1955 to 1985.¹

Colposcopy clinics provide diagnostic and treatment services to participants with an abnormal cervix screen, including abnormal cytology or high risk HPV. When colposcopy referral is recommended after an abnormal screen, follow-up testing and care is provided through the Regional Health Authorities (colposcopy, treatment and pathology reporting). Colposcopy clinics also receive clinical referrals for patients with symptoms or abnormal physical examination findings with the potential to be associated with cervical cancer.

The information and recommendations in this document were developed with input from each Regional Health Authority in B.C., represented by the Colposcopy Leads, and BC Cancer. This document takes into account both national and international evidence and best practices, which are contextualized to colposcopy practice in B.C. and using B.C. data.

1.3 BC Cancer

BC Cancer provides medical and operational leadership for the Cervix Screening Program and is responsible for the development of provincial policies, standards and procedures for the primary screening test, follow-up testing, recall and surveillance reminders to providers, and program performance and outcome monitoring.

Data is collected and analyzed on an ongoing basis to monitor the program's effectiveness and to identify areas for improvement both at a program level and at an individual level. The program publishes results anually.²

1.4 General Principles

- Minimize missed pre cancers and cancers
- Minimize treatment related harms
- Maintain accurate Cervix Screening Program outcomes data to support appropriate follow-up and recall and to inform policy

1.5 Sources of Information

The sources of information for this document were derived from the published literature. Articles were identified from MEDLINE, Cancer Care Ontario Colposcopy Standards, Society of Obstetricians and Gynecologists of Canada, Society of Canadian Colposcopists, Society of Gynecologic Oncology of Canada, Royal Australian and New Zealand College of Obstetricians and Gynecologists Cervical Quality Improvement Program, European Federation of Colposcopy, International Federation of Cervical Pathology and Colposcopy, American Society for Colposcopy and Cervical Pathology, European Cervical Cancer Screening Network, NHS Cervical Screening Program.

2. Standards

2.1 Clinic Standards

Clinics providing colposcopy services are expected to deliver service according to the following standards:

- 1. Establish and provide service in alignment with the College of Physician and Surgeons standards and guidelines:
 - https://www.cpsbc.ca/files/pdf/PSG-Physical-Examinations-and-Procedures.pdf (practice standard)
 - https://www.cpsbc.ca/files/pdf/PSG-Referral-Consultation-Process.pdf (professional guideline)
- 2. Two methods of contact, separated by a two week interval, is the minimum requirement for contacting patients for an appointment. For example, call the patient, wait two weeks, if no response then mail a letter to the patient requesting they contact the clinic.
- 3. If a patient is not going to proceed with follow-up at the clinic, it is the clinic's responsibility to communicate this to the referring provider.
- 4. Provide timely service to referred patients. Clinics are expected to be able to monitor wait times and if there are concerns regarding timely access, it may be appropriate to refer patients to a different colposcopy clinic with shorter wait times.
- 5. Establish and provide service in alignment with accepted infection control process.
 - Consult local health authority policies and guidelines for hospital-based clinics or College of Physician and Surgeons Professional Guideline: Infection Prevention and Control (IPAC) in Physician's Offices - https://www.cpsbc.ca/files/pdf/PSG-Infection-Prevention-and-Control-in-Physician-Offices.pdf
 - Protocol for Equipment and Instrument Cleaning: Adhere to vendor guidelines for instrument cleaning and maintenance. It is recommended that automated machine, not manual processes, be used for cleaning of instruments.
- 6. Ensure staff has appropriate training and processes in place to provide patients with timely and informed access to colposcopy and treatment booking and procedures. Patients must be provided with information regarding who to contact regarding questions or appointment changes (https://www.cpsbc.ca/files/pdf/PSG-Referral-Consultation-Process.pdf).
- 7. Provide education to the participant regarding colposcopy and give instructions regarding preparation (https://www.cpsbc.ca/files/pdf/PSG-Referral-Consultation-Process.pdf). At the time of booking, patients should be advised of the Cervix Screening

Program Colposcopy procedure brochure and/or LEEP brochure and available videos on line based on the procedure that the patient is being booked for. Patients should be offered hardcopies of brochures and be provided with an opportunity to watch the education videos when they attend the clinic.

- 8. Ensure the facility allows for patient privacy and dignity for pre-colposcopy assessment and education and any related procedure.
- 9. Obtain informed consent prior to any colposcopy or treatment procedure.
- 10. Obtain consent if learners are to be present.
- 11. Have access to point-of-care pregnancy tests for patients when indicated based on menstrual pattern and sexual activity.
- 12. Provide post-colposcopy and post-treatment patient written instructions:
 - Inform patients what to expect and what, if any, activity restrictions apply depending on the specific procedures performed.
 - Inform patients who to contact for their test results and follow up recommendations.
 This ensures that if there is a delay in the colposcopy or treatment report or in the relaying of results and recommendations that the patient is able to reach out to obtain their results.
- 13. Ensure adequate diagnostic and therapeutic equipment as well as safety guidelines and appropriately trained staff for laser and diathermy equipment as applicable.
- 14. Access to resuscitation equipment if treatment is being provided.
- 15. Provide access for patients with special needs (e.g. accommodation for physically challenged patients, translation services, etc.) where local infrastructure has capacity. If local infrastructure is limited, ensure the patient is referred to another regional colposcopy clinic that can accommodate the patient.
- 16. Ability to submit biopsy and excisional samples to a histopathology laboratory accredited by the Diagnostic Accreditation Program (DAP) of BC.
- 17. Have protocols to minimize nonattendance of patients and a clinic based systematic recall mechanism for patients. When patients are not able to be contacted or do not attend for appointments, clinics must have a system in place to communicate incomplete follow-up with patients and/or the primary care provider. Attempt to contact the patient at least twice by two different methods.

The hospital site or clinic is the primary record holder for documentation pertaining to colposcopy. Each clinic follows its own policies with respect to record retention and documentation. The Cervix Screening Program is a secondary user of the forms and records

that are completed for program participants. Patients and providers requesting copies of the screening record will be directed to obtain copies from the facility where the interaction occurred.

2.2 Physician Standards

Colposcopists providing care for women with abnormal cervix screening tests are expected to:

- 1. Be a practicing Obstetrician/Gynecologist or Gynecologic Oncologist in good standing with the College of Physicians and Surgeons of BC.
- 2. Have completed colposcopy certification through the BC Colposcopy Training Program see section below.
- 3. Participate in colposcopy CME including at least the BC Annual Colposcopy Update 2 out of every 3 years.
- 4. Make recommendations that align with the BC Management Algorithms for Abnormal Cervical Cytology and Colposcopy.
- 5. Provide complete documentation of any procedure using the provincial Colposcopy and Treatment Forms (Appendix A and B). Ensure all forms are sent to the program in a timely fashion. Hospitals and health authorities may or may not require additional reports.
 - a. For diagnostic colposcopy, results and recommendations should be reported within 2 weeks.
 - b. Treatment results and recommendations should be reported within 4 weeks.
- 6. Communicate with the primary care provider/referring provider to provide the colposcopic evaluation and the recommendations for management. The colposcopist is responsible for informing the patient about their results and arranging future follow up. In scenarios where the patient requests this information from their referring provider, the colposcopist is responsible for asking the referring physician to communicate results to patients and ensure that the recommended follow up or treatment appointments are made.
 - a. Colposcopists are responsible for arranging any further required follow-up or treatment for the patient, or the colposcopist will refer the patient back to the primary care provider after discharge for ongoing screening requirements.
 - b. When a cancer is diagnosed, the colposcopist is responsible for notifying the patient of the results and next steps. If referral to BC Cancer is required, the colposcopist is responsible for making this referral.
- 7. Meet program performance standards. Quality reports are generated annually.
- 8. Have access to colleagues to discuss cases and share learnings to improve practice.

2.3 Performance Indicators

To ensure safe and efficient provision of colposcopy, regular monitoring of colposcopy outcome data against established benchmarks is essential. Identification of results outside of benchmarks offers the opportunity for improvement, for both the system and the individual Colposcopist. Performance indicators that are monitored and benchmarks, if established, for colposcopy are as follows.

2.3.1 Wait Time Indicator

Wait time standards for follow-up of cervix screening results in B.C. are established based on the positive predictive value (PPV) of screening results. See Table 1 for CIN 2+ PVV by HPV result and reflex cytology³. See Table 2 for wait times standards by screening test result.

Benchmark is measured from the date of the cervix screening test report.

Patients returning to the colposcopy clinic for ongoing colposcopy follow-up should be seen within 4 weeks of their recommended follow-up interval.

Patients who have been recommended for treatment should have their treatment within 2 weeks of the maximum treatment interval recommended by their colposcopist.

Patients being referred for clinical abnormalities should be seen for colposcopy in 2-8 weeks depending on the level of suspicion for cancer has determined by the colposcopist based on information provided on the referral.

Table 1: Immediate-risk CIN 2+ based on primary HPV-based screening and reflex cytology results³

	HPV				
Cytology	Pos HR-HPV (Any)	Pos HPV 16	Pos HPV 18	Pos HPV Other	
Normal	3.4%	5.3%	3%	2%	
ASCUS	4.4%	9% – 12.9%	5%	2.7% – 4.4%	
LSIL	4.3%	11%	3%	4.3%	
ASC-H	26%	28%	15%	26%	
HSIL	49%	60%	30%	49%	

Table 2: Wait Time Standards

HPV Result		Cytology Result	Standard
High risk HPV 16/18 or Other	•	Squamous cell carcinoma	Urgent
	•	Glandular cell - Adenocarcinoma	High priority
	•	Glandular cell - Endocervical	diagnosis, patient
		adenocarcinoma	should be seen as
	•	HSIL (Severe) with features of invasion	soon as possible.
	•	Other malignant neoplasms (specify)	
	•	Atypical Endocervical Cells, FN	
	•	Atypical Glandular Cells, FN	
	•	Endocervical Adenocarcinoma In Situ	
	•	Endometrial Adenocarcinoma	
	•	HSIL (Severe) + Atypical Endocervical cells, FN	
High Risk HPV 16/18 Positive	•	No Cytology	8 weeks
High Risk HPV 16/18 Positive	•	NILM (negative for intraepithelial lesion	8 weeks
	•	Atypical squamous cells of uncertain	
		significance (ASCUS)	
High Risk HPV 16/18 Positive	•	Low grade intraepithelial lesion (LSIL)	4 weeks
HIGH RISK HEV 10/16 FOSITIVE	•	Squamous cell - HSIL (severe/marked/CIS) Squamous cell - ASC-H	4 WEEKS
	•	Squamous cell - HSIL (moderate)	
	•	Glandular cell - Atypical endocervical	
	•	cells, NOS	
	•	Glandular cell - Atypical endometrial cells, NOS	
	•	Glandular cell - Atypical glandular cells,	
		NOS	
High Risk other Positive	•	NILM (negative for intraepithelial lesion	8 weeks
	•	Atypical squamous cells of uncertain significance (ASCUS)	
	•	Low grade intraepithelial lesion (LSIL)	
High Risk other Positive	•	Squamous cell - HSIL (severe/marked/CIS)	4 weeks
_	•	Squamous cell - ASC-H	
	•	Squamous cell - HSIL (moderate)	
	•	Glandular cell - Atypical endocervical	
		cells, NOS	
	•	Glandular cell - Atypical endometrial cells, NOS	
	•	Glandular cell - Atypical glandular cells, NOS	

2.3.2 Lost to Follow-Up Indicator

The proportion of women presenting for follow-up after treatment should be >85% (loss to follow-up <15%).

2.3.3 Individual Colposcopist Performance Indicators

Indicator	Program Benchmark
Annual number of colposcopic exams excluding excisional procedures based on submission of Colposcopy Forms. Number of new patients is not well established, but an absolute minimum of 25 has been recommended.	>100
Colposcopy	
No biopsy rate Percentage of exams where no pathology report is available to indicate a biopsy was taken and the Colposcopy Form does not indicate a biopsy was taken.	<2%
Severe lesions not seen Percentage of exams where impression was noted as negative/benign/mild and the biopsy result showed CIN3+, (e.g. impression negative, biopsy CIN3+); colposcopic exams with no biopsy taken are excluded.	<10%
Undercall rate Percentage of exams with impression 2 or more grades lower than biopsy, (e.g. impression negative, biopsy CIN2+); colposcopic exams with no biopsy taken are excluded.	<10%
Overcall rate Percentage of exams with impression 2 or more grades higher than biopsy, (e.g. impression CIN3, biopsy negative/CIN1); colposcopic exams with no biopsy taken are excluded.	<10%
Percent of exams without impression documented	0%
Percent of exams without evaluation documented	0%
Percent of exams without recommendation documented	0%
Treatment	
Number of LEEPs, cone and laser treatments performed annually.	-
Negative LEEP rate.	<20%
Percentage of LEEPs performed where specimens are negative for cervical	
cancer or precursors.	
Rate of unplanned events	-
Retreatment rate Rate of treatments done on the same site and same patient within 24 months	-

3. Colposcopy Training and Certification

3.1 Colposcopy Training and Certification Process

The Cervix Screening Program is committed to providing access to quality colposcopy services for patients. Colposcopy exposure is not standardized across residency and fellowship training programs and colposcopy is a listed as a non-core privilege for both Obstetrician/Gynecologists and Gynecologic Oncologists.

Since the inception of the colposcopy program in B.C. in 1973, BC Cancer has provided a formal training and certification process to ensure that colposcopists have the knowledge and skills to provide quality care to patients. The current process includes application for training, agreeing to terms of certification, a formal course in lower genital tract pathology and colposcopy, passing the B.C. Colposcopy Certification Exam, and attaining the necessary practical experience to provide proper assessment and management of participants presenting for colposcopy. The practical portion of the training may be customized for trainees with previous colposcopy experience. Training mentors must have at least 5 years of colposcopy experience, be meeting quality benchmarks and be up to date with CME. The Cervix Screening Program follows the EFC minimum standards for training in colposcopy – 51 Core Competencies (Appendix E).

3.2 Application for Training

All practicing Obstetricians/Gynecologists interested in becoming a certified colposcopist in B.C. must complete an application outlining their colposcopy training to date and their plans for provision of colposcopy services. The application must be approved prior to initiation of training. Significant trainee and program resources go into colposcopy training and it is important to ensure that a trainee will have an appropriate place to practice, taking into consideration the need for colposcopists in an existing clinic or the need for colposcopy services in a new area, and maintenance of adequate volume for colposcopists in established clinics.

3.3 Overview of Steps in Training and Certification (in order):

- Step 1: Submission and approval of Application for Colposcopy Certification (Appendix C).
- **Step 2:** Sign off on Terms of Certification (Appendix D).
- **Step 3:** Completion of an approved course in colposcopy within the last three years.
- **Step 4:** Successful completion of BC colposcopy certification exam.
- **Step 5:** Discuss exam outcome and exam cases with the Colposcopy Lead.
- **Step 6:** Practical training under an approved mentor(s).
- **Step 7:** Demonstrated understanding and appropriate interpretation of B.C. screening, colposcopy treatment and follow-up guidelines through submission and review of logbook and evaluation forms documenting practical training.

Colposcopy training objectives are based on the European Federation for Colposcopy Minimum Standards for Training in Colposcopy – 51 Core Competencies.

https://efcolposcopy.eu/minimum-standards-for-colposcopy-training/

References

- 1. Anderson GH, Boyes DA, Benedet JL, et al. Organisation and results of the cervical cytology screening programme in British Columbia, 1955-85. Br Med J (Clin Res Ed). Apr 1988;296(6627):975-8. doi:10.1136/bmj.296.6627.975
- 2. BC Cancer Screening. Accessed 6 June 2019, 2019. http://www.bccancer.bc.ca/screening/health-professionals/cervix/resources
- 3. Willows K, Selk A, Auclair MH, Jim B, Jumah N, Nation J, Proctor L, Iazzi M, Bentley J. 2023 Canadian Colposcopy Guideline: A Risk-Based Approach to Management and Surveillance of Cervical Dysplasia. Curr Oncol. 2023 Jun 13;30(6):5738-5768. doi: 10.3390/curroncol30060431. PMID: 37366914; PMCID: PMC10297713.

Appendix A – Colposcopy Form

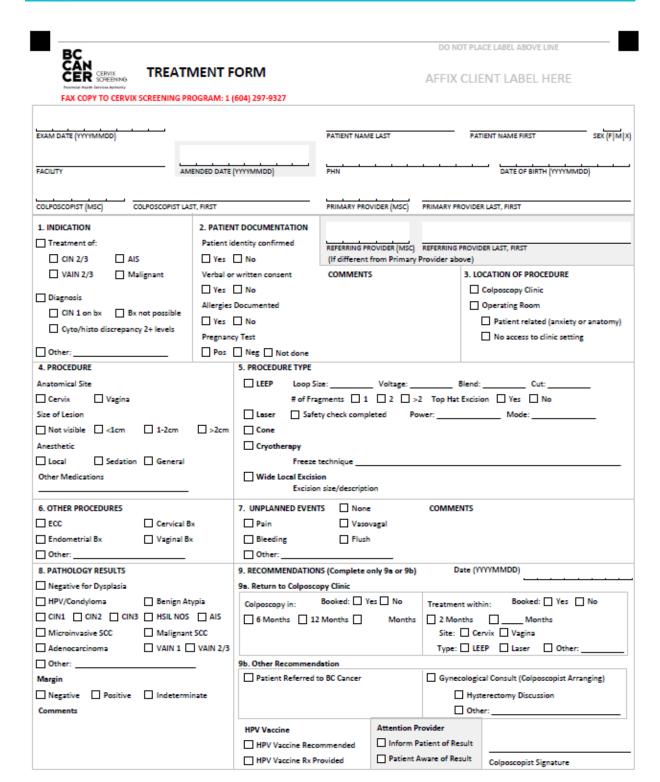


FAX COPY TO CERVIX SCREENIN	G PROGRAM: 1 (604) 297-9327					
EXAM DATE (YYYYMMDD)			PATIENT NAM	E LAST	PAT	TIENT NAME FIRST	SEX (F[M X U)
FACILITY	AMENDED DATE (YYYYMMDD)	PHN			DATE OF BIRTH (YYYY)	MMDD)
							•
COLPOSCOPIST (MSC) COLPOSCOPIS	ST LAST, FIRST		PRIMARY PRO	VIDER (MSC) P	RIMARY PROVIDE	R LAST, FIRST	
1. HISTORY	Previous Treatme	ent (eg LEEP) YYN	MM				
Parity LMP			REFERRING PF	ROVIDER (MSC) R	EFERRING PROVID	DER LAST, FIRST	
Pregnant Yes No				from Primary Pr			
Postmenopausal Yes No				FOR COLPOSCO	PY (Select one	option below)	
	Current Smoker			Screen Date (Y)	OYMMDD)		
HPV Vaccine 2+ Doses ☐ Yes ☐ No				ositive Type:			ASC-H
Year: Type:			HSILM	fod	HSIL Se	evere Malignant Sq	Malignant GI
_	Biopsy (Cerv	ix)	AGC N	os	AGC-FI	N AIS	Unsat
3. COLPOSCOPIC EXAMINATION Site Examed	Done [_	☐ DES Expo	sure			
Cervix Vagina	ECC	_	Clinical A	bnormality:			
Adequacy (Cervix)	☐ Done [Not Done	☐ Repeat C	olposcopy for: _			
Adequate Inadequate	Other Proce	dure	1 —			t: Visit #:	
Transformation Zone	Endomet	rial Biopsy Pap 1	Test CIN 2	/3 AIS	Cance	r VAIN	
☐ Type 1 ☐ Type 2 ☐ Type 3	☐ Vaginal B	liopsy HPV	Test HPV I	Vegative	☐ HPV P	ositive Type:	_
4. IMPRESSION			Other:				
☐ Negative for Dysplasia		Diagram for lesi	ion Comments				
☐ HPV/Condyloma ☐ Benig	n Atypia						
CIN1 CIN2 CIN3 AIS)				
	nant SCC		/				
Adenocarcinoma VAIN	1	BIOPSY SITE					
5. RESULTS		7. RECOMMENDA	ATIONS (Complete	only 7s. 7b. or 7	c) Date (YY	(YYMMDD)	
	ficient Samples	7a. Return to Colp		,,,	-1	·	
☐ HPV/Condyloma ☐ Benig	n Atypia	Colposcopy in: E	Booked: Yes	No	Treatment wit	thin: Booked: Yes	□ No
CIN 1 CIN 2 CIN 3 HSILI			12 Months		2 Months	Months	_
	nant SCC				Site: C	ervix 🗌 Vagina	
_	1 UAIN 2/3				Type: LE	EEP Laser Othe	r:
Other:	_	7b. Return to Prin	mary Care		П 6I	. D. C I (D D	
HPV: Negative Positiv	e Type	12 Months	Months		re:	y Referral (Primary Provid	er to Arrange)
Cytology/Pathology Review Complet		Co-Test (Cytology					
		12 Months [Months				
6. FINAL EVALUATION Negative for Dysplasia		7c. Other Recomi			_		
		Patient Referred to BC Cancer		Gynecological Consult (Colposcopist to Arrange)			
☐ HPV/Condyloma ☐ Benign Atypia ☐ CIN 1 ☐ CIN 2 ☐ CIN 3 ☐ AIS		No Further Scr re:	No Further Screening or Colposcopy Required Hysterectomy Dis				
	202 4000	HPV Vaccine	-	Ass			
	nant SCC 1			Attention Pro			
	1 VAIN 2/3			Inform Pat			
Other:		HPV Vaccine R	x Provided	Patient Aw	are of Result	Colposcopist Signat	ture

INFORMATION ON THIS FORM IS CONFIDENTIAL IF YOU RECEIVE THIS IN ERROR PLEASE FAX TO QUALITY DEPT: 1 (504)708-2114

40140

Appendix B – Treatment Form



INFORMATION ON THIS FORM IS CONFIDENTIAL IF YOU RECEIVE THIS IN ERROR PLEASE FAX TO QUALITY DEPT: 1 (604)708-2114

April 2021





Appendix C – Colposcopy Training and Certification Application

ML 2018-09-06 BC Colposcopy Training and Certification Application					
Date: Name: Contact Address: Contact Phone Number: Contact email:					
Medical School:		Year Complete	d:		
Residency Program:		Year Complete	d:		
Certification:		Year Obtained	:		
Current Hospital Staff Appoir	ntment:	Appointment of	date:		
Current Hospital Staff Appoir	ntment:	Appointment of	date:		
Please provide the name of t	Please describe any previous Colposcopy training and/or experience you have had: Please provide the name of the reference of the clinical supervisor for this training: Please list any CME Colposcopy Courses completed:				
Date	Title		Institution/Organization (e.g ASCCP)		
Please list your membership in any relevant professional societies: (e.g. ASCCP)					
Where are you planning on practicing Colposcopy in BC?					
When are you planning on starting?					
Do you have a Colposcopist in your clinic that is willing to supervise your training? If so, please provide name and contact details:					
Thank you. We will contact you after reviewing your application. If you have any questions please do not hesitate to contact us.					

Appendix D – Colposcopy Terms of Certification



BC Cancer Colposcopy Terms of Certification

Dear Colleague:

Re: Colposcopy Certification

Thank you for your interest in colposcopy training. We are committed to providing access to high quality colposcopy services to BC women.

For certification to perform colposcopy in one of the BC Cancer Colposcopy Clinics you will need to complete the following steps in order:

- Complete and return the application.
 This will be reviewed to determine if you are eligible for training. Please do not proceed until you have been approved for training.
- 2. Review and sign off on this document Terms of Certification.
- 3. Complete a comprehensive colposcopy CME course.
 If you have already participated in a recent colposcopy course please forward the agenda of the meeting and proof of participation (e.g. certificate of attendance). The Society of Canadian Colposcopists (www.colposcopycanada.org) occasionally offers courses at SOGC conferences (https://sogc.org). The CME meetings organized by the American Society for Colposcopy and Cervical Pathology Meetings are excellent educational events and are highly recommended. See their website for more details www.asccp.org. There is an online course from the UK which is also acceptable at http://colposcopycourses.com/online-courses/
- 4. <u>Successfully complete (score >75%) the colposcopy certification exam</u>. Please contact our office to receive this take home exam once you have completed a course. Your exam will be marked and reviewed with you, usually by phone.

Note: These 3 steps need to be completed prior to participating in the colposcopy practicum.

5. The completion and documentation (logbooks, summary table and evaluation forms) of approximately 12 supervised BC Cancer affiliated colposcopy clinics (the number of clinics required will depend on your previous experience and training and the numbers/types of encounters to which you are exposed). Within these clinics you should be responsible for colposcopic examinations and assessments, the review of all results, and management decisions pertaining to these patients. You may need to arrange for secure receipt of these results after you have left town. Please review the below table to ensure you have familiarized yourself with the volume/types of cases generally required for training. You will be provided with a logbook to document cases, results and management. For each clinic that you do, you will need to have the



mentor for that clinic complete an evaluation form that is to be returned to us either directly or through you. At least half of the training clinics must be at the VGH site and in some situations the other half may be able to be done at the colposcopy clinic in which you plan to work.

Please contact us soon to arrange compatible dates in the VGH Colposcopy Clinic – clinics are currently running Monday, Tuesday, Thursday and Friday mornings and Tuesday and Wednesday afternoons. We have a large number of learners in our clinics – please give us as much notice as possible (i.e. several months).

Procedure	Observed (number of cases)	Performed Under Direct Supervision	Performed Under Indirect Supervision	N/A
	Colp	ooscopic Exams		
New cases		≥ 25	≥ 25	
High grade		≥ 10	≥ 10	
TOTAL		≥ 50	≥ 50	
		Treatments		
LEEP under local anesthetic		≥ 10		
LEEP under general anesthetic				
Cone biopsy				
Laser cervix				
Laser vagina				
TOTAL				

Once you have received pathology results and completed and submitted your logbook (including the management column) and summary table, these will be evaluated and reviewed with you, usually by phone. Evaluation forms will be reviewed. If these are all satisfactory, you will receive a letter documenting your successful completion of the training and certification process.



Following certification, it is expected that you will continue to be engaged in the BC Colposcopy community through the following activities:

<u>Participate in colposcopy CME including the annual BC Cancer Colposocpy Update at least 2 of every 3 years.</u> The update is generally the first Friday every May.

<u>Participate in BC Cancer Colposcopy Quality Assurance Activities.</u> We will be reviewing outcome measures of the provincial and regional colposcopy programs and we will need the support and participation of all our colposcopists.

We appreciate that you have an extremely busy clinical practice and that participation in the colposcopy program will require sacrifice. We will endeavor to make the process as efficient as possible for you. If you have any questions or concerns about these recommendations please do not hesitate to contact us.

You may be eligible to apply for a grant to assist you in this process. For example, see website: http://www.royalcollege.ca/rcsite/awards-grants/professional-development/regional-professional-development-grant-e

If you wish to continue with the certification please sign off on the Terms of Certification and return to our office. Your application will be active for 6 months and we expect that you will complete certification in a timely manner. If you do not complete certification within 6 months you may need to re-apply unless there are extenuating circumstances.

	ne steps of the certification process a e certification process within 6 month	nd wish to continue with the application. I
No I do not wish to	continue with the application at thi	s time.
Please indicate what date	you wish to begin working in a colpo	oscopy clinic:
Trainee Name:	Signature:	Date:
Kindly yours.		

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Appendix E – Colposcopy Core Competencies



BC Colposcopy – 51 Core Competencies

EFC MINIMUM STANDARDS FOR TRAINING IN COLPOSCOPY – 51 CORE COMPETENCIES

A. Preliminary/Preparatory

- 1. Understand the development of cervical pre-cancer
- 2. History taking
- 3. Positioning of patient
- 4. Insertion of vaginal speculum
- 5. Perform cervical smear (including Cytobrush)
- 6. Perform bacteriological swabs
- 7. Take samples for HPV testing
- 8. Practice complies with Health and Safety recommendations
- Understand National Cervical Screening Guidelines

B. Colposcopic examination

- 10. Position and adjust the colposcope
- 11. Determine whether or not the entire transformation zone (TZ) is visible
- 12. Determine whether or not colposcopy is satisfactory
- 13. Recognize abnormal vascular patterns
- 14. Examination of TZ with saline and green filter
- 15. Examination of TZ with acetic acid
- 16. Quantify and describe acetic acid changes
- 17. Use endocervical speculum
- 18. Schiller's Test
- 19. Examination of vagina with acetic acid

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C. Colposcopic features of the normal cervix

- 20. Recognize original squamous epithelium
- 21. Recognize columnar epithelium
- 22. Recognize metaplastic epithelium
- 23. Recognize Congenital Transformation Zone
- 24. Recognize features of a postmenopausal cervix
- 25. Recognize effects of pregnancy

D. Colposcopic features of the abnormal lower genital tract

- 26. Recognize low grade pre-cancerous cervical abnormality
- 27. Recognize high grade pre-cancerous cervical abnormality
- 28. Recognize features suggestive of invasion
- 29. Recognize and assess Vaginal Intraepithelial Neoplasia
- 30. Recognize and asses Vulvar Intraepithelial Neoplasia
- 31. Determine the extent of abnormal epithelium
- 32. Recognize acute inflammatory changes
- 33. Recognize HPV infection
- 34. Recognize condylomata plana
- 35. Recognize condylomata accuminata
- 36. Recognize changes associated with treatment
- 37. Recognize benign cervical polyps

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E. Practical Procedures

- 38. Administer local analgesia
- 39. Determine where to take directed cervical biopsies
- 40. Perform a directed cervical biopsy
- 41. Perform a directed vaginal biopsy
- 42. Perform a directed vulvar biopsy
- 43. Control bleeding from biopsy sites

F. Administration

- 44. Document findings
- 45. Manage appropriately patients according to guidelines

G. Communication

- 46. Ensure adequate information given to patient
- 47. Counsel patients prior to colposcopy
- 48. Obtain informed consent correctly
- 49. Counsel patients after colposcopy
- 50. Break bad news
- 51. Communicate well with other health professionals

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Cervix Screening Colposcopy Standards Change Log Revision History

Date	Action	Pages affected	Details
November 2020	New Document	All	
January 2024	Updated for HPV implementation	7 and 8	PPV references and wait time standards were updated to reflect new HPV testing implementation.