# Systemic Therapy Update



December 2013 Volume 16, Number 12

# For Health Professionals Who Care For Cancer Patients

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# **EDITOR'S CHOICE**

## **New Programs**

The Provincial Systemic Therapy Program has approved the following programs effective 01 December 2013:

#### **Breast:**

Everolimus with Exemestane for Postmenopausal Women with Metastatic ER-Positive, HER2-Negative Breast Cancer (BRAVEVEX) — Patients are eligible for this new treatment if their disease has relapsed or progressed after the use of a non-steroidal aromatase inhibitor (AI) (anastrozole, letrozole). Evidence for everolimus with exemestane in this patient population is based on a phase III trial (Bolero II Study) that demonstrated superior median progression free survival (PFS) (10.6 mo vs. 4.1 mo, HR 0.36 [95% CI 0.27-0.47]). [Baselga et al. NEJM 2012;366:520-529] Overall survival (OS) data were not yet mature at the time of reporting. Everolimus is an inhibitor of mTOR (mammalian target of rapamycin), which plays an essential role in protein synthesis downstream of the P13K/AKT pathway, resulting in reduced cell proliferation, glycolysis and angiogenesis of solid tumours. Common toxicities include stomatitis, fatigue, rash, diarrhea, hyperglycemia and a small incidence of symptomatic pneumonitis. Everolimus also exerts immunosuppressive effects, and has been associated with infections in up to 37% of patients.

## **EDITOR'S CHOICE**

Everolimus received the Health Canada Notice of Compliance for this particular indication in January 2013. Eligible patients were granted access to the drug through the manufacturer's AfiniTRAC Reimbursement Support Program. Patients who were enrolled in this program prior to 01 December 2013 will continue to access everolimus via the same.

#### **Genitourinary:**

Palliative Therapy for Metastatic Castration Resistant Prostate Cancer (mCRPC) Using Enzalutamide (UGUPENZ) — The Genitourinary Tumour Group has approved enzalutamide as an alternative treatment to abiraterone or cabazitaxel for patients with symptomatic mCRPC who have received prior docetaxel-containing chemotherapy. Program approval was based on a phase III trial (AFFIRM Study) involving 1199 men with mCRPR who were previously treated with chemotherapy, and randomized to enzalutamide or placebo. [Scher et al. NEJM 2012;367:1187-1197] At the planned interim analysis, enzalutamide was associated with significant improvement in median OS (18.4 mo vs. 13.6 mo, HR 0.63 [95% CI 0.53-0.75]), and radiologic PFS (8.3 mo vs. 2.9 mo, HR 0.40 [95% CI 0.35-0.47]). Enzalutamide was associated with higher rates of fatigue, diarrhea and hot flashes compared to the control arm. More information about enzalutamide can be found in the Cancer Drug Manual section below.

Effective 01 December 2013, enzalutamide treatment will be covered by:

- 1. BCCA:
  - For all new patients who meet the UGUPENZ eligibility criteria
  - For patients who had previously obtained private insurance coverage for enzalutamide, and meet the UGUPENZ eligibility criteria
- 2. Manufacturer's XTANDI® Patient Assistance Program:
  - For all patients who had enrolled in this program prior to 01 December 2013

Please note that patients who had received enzalutamide via the XTANDI® Patient Assistance Program or private insurance are not eligible for subsequent BCCA-funded abiraterone or cabazitaxel treatment. Sequential treatment using any of the following agents for mCRPC is not approved by the BCCA – enzalutamide, abiraterone, cabazitaxel.

#### **MEDICATION SAFETY CORNER**

# REMINDER: TRASTUZUMAB - LOOK-ALIKE/SOUND-ALIKE MEDICATION ALERT

Effective 01 December 2013, all BCCA medication-related databases will include the generic and brand names for both trastuzumab (HERCEPTIN®) and trastuzumab emtansine (KADCYLA®) to reduce the risk for selection errors between the two drugs. Trastuzumab-containing chemotherapy protocols and pre-printed orders will also be updated to include the brand name (HERCEPTIN®) on a gradual basis over the next few months. For further information about this medication safety initiative, please see the <a href="November 2013">November 2013</a> issue of the Systemic Therapy Update.

# **BCCA DERS Pump Library – Reduction in Air Sensitivity Detection Settings**

Effective 07 January 2014, the Dose Error Reduction Systems (DERS) Pump air sensitivity detection alert "default" settings will be reduced from the current setting of 500 mcL to 250 mcL to align with existing technical and clinical standards. Following an extensive review, it was determined that a decrease in detection threshold will reduce the risk of air embolism to the patient. This change will occur across all BCCA regional centres in both the Radiation Therapy and Systemic Therapy programs. Further communication and education will be provided to the BCCA nursing staff during December prior to the implementation of this change.

#### SAFETY UPDATE: ELASTOMERIC INFUSOR® RATE

Baxter Corporation issued a Safety Alert in September 2013 reminding healthcare providers to correctly follow the manufacturer instructions-for-use when operating the Elastomeric INFUSOR® device. This device is used to deliver continuous fluorouracil infusions at the BCCA. The alert stemmed from complaints of faster-than-intended infusion flow rates, potentially resulting in untoward toxicities and/or changes in treatment efficacy. Many cases of faster-than-intended infusion flow rates were the result of incorrect use.

The BCCA Pharmacy Communities Oncology Network (CON) Educators maintain a list of Frequently Asked Questions (FAQ) about Baxter Elastomeric INFUSORS® on the BCCA Pharmacy website. Topics addressed on the FAQ webpage include:

- Elastomeric INFUSOR® Checklist for Rate Error Prevention
- Elastomeric INFUSOR® Checklist for Identifying Causes of Rate Errors (previously published in the <u>December 2011</u> issue of the Systemic Therapy Update)
- How to deliver a 72-hour infusion

#### **CONTINUING PROFESSIONAL DEVELOPMENT**

#### **CANADIAN BREAST CANCER SYMPOSIUM 2014**

Date: February 21-22, 2014

Location: Fairmont Chateau, Whistler, BC

Early Bird Registration Deadline: 21 January 2014

Website: www.cdnbreastcancer.ca

This symposium will focus on the clinical application of molecular biology in the personalized care of breast cancer patients, and will review various areas of research.

# **BCCA** EDUCATION PROGRAM FOR ONCOLOGY PHARMACISTS – New Modules Available

The <u>BCCA Education Program for Oncology Pharmacists</u> is a self-directed, freely accessible online program designed to support the knowledge development of pharmacists in a variety of oncology topics. Details about the program were previously described in the <u>August 2013</u> issue of the Systemic Therapy Update.

The following learning modules are available on the <u>Core Clinical Practice (Level I)</u> webpage, including the recent addition of three new modules:

| Category                   | Learning Module   |  |  |  |
|----------------------------|---|--|--|--|
| Chemotherapy Process       | Chemotherapy Orders: Clinical Assessment and Review                         |  |  |  |
|                            | BCCA Website Navigation   |  |  |  |
| Oncology Basics            | CAPhO* Oncology Basics Module *Canadian Association of Pharmacy in Oncology |  |  |  |
| Cancer Management          | Lung Cancer   |  |  |  |
|                            | Colorectal Cancer (New)   |  |  |  |
|                            | Prostate Cancer (New)   |  |  |  |
| Monitoring and Diagnostics | Laboratory Monitoring (New)   |  |  |  |

Please contact the CON Pharmacy Educators if you have questions about the program.

## **CANCER DRUG MANUAL**

#### **NEW MONOGRAPHS AND PATIENT HANDOUTS**

Enzalutamide Monograph, Patient Handout, and Hazardous Drug Evaluation have been completed, and expert review provided by Dr. Kim Chi from the BCCA Genitourinary Tumour Group. Enzalutamide is indicated for the treatment of metastatic castration-resistant prostate cancer. It is a competitive androgen receptor inhibitor which acts in the androgen receptor signaling pathway. It has greater affinity for androgen receptors than other anti-androgen agents, and lacks androgen receptor agonist activity in cell growth. The most common adverse reactions reported with enzalutamide include fatigue, hot flashes and headache. It is also associated with neuropsychiatric events (i.e. seizures, memory impairment, hallucinations), as well as QT-prolongation and hypertension. Review for CYP P450 drug interactions is recommended as enzalutamide is a substrate of CYP 2C8, a substrate and a strong inducer of CYP 3A4, and a moderate inducer of CYP 2C9 and CYP 2C19.

## **REVISED MONOGRAPHS AND PATIENT HANDOUTS**

Highlights of key changes and/or updates to the Monographs and Patient Handouts are listed below:

#### **Bortezomib Monograph and Handout:**

 Interactions – several interactions have been added (ascorbic acid, dexamethasone) and clarified (ketoconazole, rifampin)

#### **Sunitinib Monograph:**

Side Effects – severe cutaneous reactions have been added in response to Health Canada alert. Cases
of pyoderma gangrenosum, erythema multiforme, Stevens-Johnson syndrome, and toxic epidermal
necrolysis have been rarely reported and are sometimes fatal.

#### **CANCER DRUG MANUAL**

#### **TRANSLATION OF PATIENT INFORMATION**

Translation of the following Patient Handouts are now available in Chinese and Punjabi:

- Carboplatin
- Cetuximab
- Chlorambucil
- Cisplatin

- Doxorubicin
- Gemcitabine
- Mitomycin (IV)
- Thioguanine

These documents are available on the <u>BCCA Drug Index (Patient)</u> webpage with the corresponding English versions. To learn more about this pilot project, please see the <u>September 2011</u> issue of the Systemic Therapy Update.

#### **BENEFIT DRUG LIST**

## **New Programs**

The following programs have been added to the Benefit Drug List effective 01 December 2013:

| Protocol Title   | Protocol Code | Benefit Status |
|--|---------------|----------------|
| Therapy for Advanced Breast Cancer Using Everolimus and Exemestane                           | BRAVEVEX      | Class II       |
| Palliative Therapy for Metastatic Castration Resistant Prostate<br>Cancer Using Enzalutamide | UGUPENZ       | Restricted     |

# **REVISED PROGRAMS**

The following program has been revised on the Benefit Drug List effective 01 December 2013:

| Protocol Title                                     | Protocol Code | Benefit Status                      |
|--|---------------|-------------------------------------|
| Therapy for Advanced Renal Cancer Using Everolimus | GUEVER        | Class II<br>(Previously Restricted) |

# SYSTEMIC THERAPY UPDATE EDITORIAL BOARD

#### **EDITORIAL BOARD MEMBERSHIP**

The Systemic Therapy Update Editorial Board would like to bid farewell to Jaya Venkatesh (prior Director of Business Affairs) and Lindsay Schwartz (prior Education Resource Nurse), and extend our sincere thanks for their many contributions to the Systemic Therapy Update. We wish them all the best in their new endeavours. The board would also like to welcome Ava Hatcher, Education Resource Nurse from Professional Practice Nursing, as the new nursing representative on the Board. Welcome, Ava.

# LIST OF NEW AND REVISED PROTOCOLS, PRE-PRINTED ORDERS AND PATIENT HANDOUTS

BC Cancer Agency Protocol Summaries, Provincial Pre-Printed Orders (PPPOs) and Patient Handouts are revised periodically. New, revised or deleted protocols, PPPOs and patient handouts for this month are listed below. Protocol codes for treatments requiring "Compassionate Access Program" (previously Undesignated Indications Request) approval are prefixed with the letter "U".

| NEW Protocols, PPPOs and Patient Handouts (Affected Documents are Checked): |                         |                         |                    |  |  |
|---|-------------------------|-------------------------|--------------------|--|--|
| CODE  | Protocol                | PPPO                    | Patient<br>Handout | Protocol Title   |  |
| BRAVEVEX  | $\square$               | $\overline{\checkmark}$ |                    | Therapy for Advanced Breast Cancer Using Everolimus and Exemestane                           |  |
| GINPRRT   | V                       |                         |                    | Out-of-Province Peptide Receptor Radionuclide Therapy for Advanced Neuroendocrine Tumors     |  |
| UGUPENZ   | $\overline{\checkmark}$ | $\overline{\checkmark}$ |                    | Palliative Therapy for Metastatic Castration Resistant Prostate Cancer<br>Using Enzalutamide |  |
| HNNAVPE   |                         |                         | V                  | Treatment of Recurrent and/or Metastatic Nasopharyngeal Cancer with Platinum and Etoposide   |  |

| REVISED PROTOCOLS, PPPOS AND PATIENT HANDOUTS (AFFECTED DOCUMENTS ARE CHECKED): |           |      |                         |  |   |
|---|-----------|------|-------------------------|--|---|
| CODE  | Protocol  | PPPO | Patient<br>Handout      | Changes  | Protocol Title  |
| BRAJTAM   |           |      | $\overline{\checkmark}$ | Treatment duration clarified                   | Adjuvant Therapy for Breast Cancer<br>Using Tamoxifen   |
| BRAVEXE   | $\square$ |      |                         | Eligibility clarified                          | Palliative Therapy for Advanced Breast<br>Cancer Using Exemestane   |
| UGIFIRINOX  |           | V    |                         | Prophylactic atropine added                    | Palliative Combination Chemotherapy<br>for Metastatic Pancreatic<br>Adenocarcinoma Using Irinotecan,<br>Oxaliplatin, Fluorouracil and Folinic Acid<br>(Leucovorin)                                  |
| GIHIPEC   | Ø         |      |                         | Treatment and BSA calculation clarified        | Hyperthermic Intraperitoneal Chemotherapy (HIPEC) for Patients with Peritoneal Carcinomatosis from Limited Advanced Colorectal and Appendiceal Carcinomas Using Oxaliplatin and Fluorouracil (5-FU) |
| UGIPNEVER   | $\square$ |      |                         | Minor typo corrected in<br>Precautions section | Palliative Treatment of Advanced Pancreatic Neuroendocrine Tumours using Everolimus   |
| GUEVER  | V         | V    | V                       | Protocol Code and Eligibility revised          | Therapy for Advanced Renal Cancer<br>Using Everolimus   |
| UGUPABI   | $\square$ |      |                         | Eligibility and Tests clarified                | Palliative Therapy for Metastatic<br>Castration Resistant Prostate Cancer<br>Using Abiraterone and predniSONE   |

| REVISED Protocols, PPPOs and Patient Handouts (Affected documents are checked): |           |      |                    |   |   |  |
|---|-----------|------|--------------------|---|---|--|
| CODE  | Protocol  | PPPO | Patient<br>Handout | Changes   | Protocol Title  |  |
| UGUPCABA  | $\square$ |      |                    | Eligibility clarified                               | Palliative Therapy for Metastatic<br>Castration Resistant Prostate Cancer<br>Using Cabazitaxel and predniSONE   |  |
| HNAVFUP   |           |      |                    | Caution on cardiotoxicity updated                   | Treatment of Advanced Squamous Cell<br>Carcinoma of the Head and Neck Cancer<br>Using Fluorouracil and Platinum |  |
| HNNAVFUP  |           |      |                    | Caution on cardiotoxicity updated                   | Treatment for Advanced Nasopharyngeal<br>Cancer of the Head and Neck<br>using Platinum and Fluorouracil         |  |
| HNNAVPG   | $\square$ |      |                    | Carboplatin option added;<br>Protocol Title updated | Treatment of Locoregionally Recurrent and/or Metastatic Nasopharyngeal Cancer with Platinum and Gemcitabine     |  |
| HNOTTSH   | V         |      |                    | Eligibility updated                                 | Radioiodine Imaging in Patients with<br>Thyroid Cancer using Thyrotropin Alpha                                  |  |
| UMYMPT  | $\square$ |      |                    | Exclusions clarified                                | Treatment of Multiple Myeloma Using Melphalan, Prednisone and Thalidomide                                       |  |

| Website Resources and Contact Information   |  |  |  |  |
|---|--|--|--|--|
| WEBSITE RESOURCES www.bccancer.bc.ca  |  |  |  |  |
| Systemic Therapy Update   | www.bccancer.bc.ca/HPI/ChemotherapyProtocols/stupdate  |  |  |  |
| Reimbursement & Forms: Benefit Drug List,<br>Class II, Compassionate Access Program | www.bccancer.bc.ca/HPI/ChemotherapyProtocols/Forms   |  |  |  |
| Cancer Drug Manual  | www.bccancer.bc.ca/cdm   |  |  |  |
| Cancer Management Guidelines  | www.bccancer.bc.ca/CaMgmtGuidelines  |  |  |  |
| Cancer Chemotherapy Protocols, Pre-printed Orders, Protocol Patient Handouts        | www.bccancer.bc.ca/ChemoProtocols  |  |  |  |
| Systemic Therapy Program Policies   | www.bccancer.bc.ca/HPI/ChemotherapyProtocols/Policies  |  |  |  |
| CON Pharmacy Educators  | Pharmacy Educators <a href="http://www.bccancer.bc.ca/HPI/Pharmacy/ContactUs.htm">http://www.bccancer.bc.ca/HPI/Pharmacy/ContactUs.htm</a> |  |  |  |

| CONTACT INFORMATION   | Phone  | FAX          | EMAIL                         |
|---|--|--------------|-------------------------------|
| Systemic Therapy Update Editor                                | 604.877.6000 x 673028                                  |              | sally.waignein@bccancer.bc.ca |
| Provincial Systemic Therapy Program                           | 604-877-6000 x 672247                                  |              | mlin@bccancer.bc.ca           |
| To update the contact information of any CON                  | sites, please contact:                                 |              | bulletin@bccancer.bc.ca       |
| Oncology Drug Information                                     | 604.877.6275   |              | druginfo@bccancer.bc.ca       |
| Education Resource Nurse                                      | 604.877.6000 x 672638                                  |              | nursinged@bccancer.bc.ca      |
| Library/Cancer Information                                    | 604.675.8003<br>Toll Free 888.675.8001 x 8003          |              | requests@bccancer.bc.ca       |
| Pharmacy Professional Practice                                | 250. 519.5574  |              | jkippen@bccancer.bc.ca        |
| Nursing Professional Practice                                 | 604.877.6000 x 672623                                  |              | ilundie@bccancer.bc.ca        |
| OSCAR   | 888.355.0355   | 604.708.2051 | oscar@bccancer.bc.ca          |
| Compassionate Access Program (CAP)                            | 604.877.6277   | 604.708.2026 | cap_bcca@bccancer.bc.ca       |
| Pharmacy Chemotherapy Certification                           | 250.712.3900 x 686741                                  |              | rxchemocert@bccancer.bc.ca    |
| BCCA-Abbotsford Centre  | 604.851.4710<br>Toll Free 877.547.3777<br>250.645.7300 |              |                               |
| BCCA-Centre for the North                                     | Toll Free 888.775.7300                                 |              |                               |
| BCCA-Fraser Valley Centre                                     | 604.930.2098<br>Toll Free 800.523.2885                 |              |                               |
| BCCA-Sindi Ahluwalia Hawkins Centre for the Southern Interior | 250.712.3900<br>Toll Free 888.563.7773                 |              |                               |
| BCCA-Vancouver Centre   | 604.877.6000<br>Toll Free 800.663.3333                 |              |                               |
| BCCA-Vancouver Island Centre                                  | 250.519.5500<br>Toll Free 800.670.3322                 |              |                               |

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